

Warm Apple Cinnamon Cobbler w/ Vanilla Bean Ice Cream

Serves 4*

Ingredients:

2 granny smith apples, diced

$\frac{1}{4}$ cup water

1 tablespoon olive oil

1 teaspoon honey

1 tablespoon cinnamon

1 container So Delicious Dairy Free vanilla frozen dessert

Instructions:

In small saucepan, sauté diced green apple and olive oil over medium heat for 2 minutes stirring often.

Add water and sauté another 2 minutes.

Apples should be soft.

Turn heat to low and drizzle honey over top.

Stir to mix and add more cinnamon, if needed.

Scoop into a dessert bowl and add a scoop of vanilla Ice cream. Enjoy!

Kcal: 237

Protein: 0.8 gm

Arginine: 3 mg

Methionine: 2 mg

*Nutritional information is per serving.

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